

# RIVERCOURT RESIDENCES

Senior Living Community



FOUNDER  
BARBARA FITZGERALD  
AT HOME AT  
RIVERCOURT

## Barbara Fitzgerald Stays Active at New Home

The library in Barbara Fitzgerald's apartment at RiverCourt Residences speaks volumes about her life. An avid reader, Barbara has a penchant for politics, people and conversation. One of RiverCourt's founding residents, Barbara moved to the West Groton senior living community nearly six years ago, after her husband David's death, because her Sudbury home suddenly seemed too large for just one person.

Barbara fondly recalls the "50 years" of Harvard football games she and David shared, cheering for his alma mater. She spent nearly two decades working in the guidance department at Lincoln Sudbury Regional High School while she raised three children, two sons who live in Pepperell and her daughter, Lesley, who lives in Michigan.

Today, "home" is a spacious and sunny one-bedroom apartment, complete with an electric fireplace that one of her sons had installed. Barbara talks a lot about the special friendships she has formed over the years at RiverCourt. Her "best-friend-ever" was her next door neighbor, Dorothea Ham, "We met daily for walks along the "Falls," says Fitzgerald of Ham who died at the age of 102.

In addition to the meaningful relationships she has developed, Barbara says she enjoys RiverCourt's weekly classical concerts, movies and writing club. Fitzgerald recalls one letter she had written to the late politician and diplomat Adlai Stevenson, penned after he lost the 1952 presidential election. She was delighted to have received a two-page, hand-written response from the famous politician.

RIVERCOURT RESIDENCES

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## UPCOMING EVENTS

FREE HEALTH INFORMATION SERIES  
EVENTS HELD AT RIVERCOURT RESIDENCES

**Wednesday, April 23**—HEALTH INFORMATION SERIES  
**When it's Time to Talk to Your Parents About the Issues of Aging: Helping You at the Crossroads of Elder Care**  
Featuring: **Dr. Robert Dwyer, Executive Director, Central Massachusetts Agency on Aging & Eileen O'Brien, Director, Information Referral/Senior Connections**  
6:30 – 8:00 pm at RiverCourt Residences

**1st Wednesday of Every Month**—SUPPORT GROUP FOR FAMILY CAREGIVERS WITH A FAMILY MEMBER COPING WITH MEMORY IMPAIRMENT  
May 7, June 4, July 2, August 6  
6:00 – 7:00 pm at RiverCourt Residences

**CALL TODAY TO RESERVE YOUR SPACE!**  
**978-448-4122 OR, EMAIL:**  
**[MSPEAR@RIVERCOURTRESIDENCES.COM](mailto:MSPEAR@RIVERCOURTRESIDENCES.COM)**



INDEPENDENT LIVING • ASSISTED LIVING • ALZHEIMER'S CARE



RESIDENT CARE ASSISTANT  
KIM LANDI

## Caring and Special Attention at RiverCourt

Resident Care Assistant Kim Landi is a person who remembers the little things about the seniors who make their home at RiverCourt

Residences. She asks about their grandchildren, whether a chest cold is better, or if that special package has arrived yet. "I try to put myself in their shoes and make certain they are getting the care and the special attention they need," says Landi. In her position, she helps residents take their medications on time, provides assistance at meal times and offers personal care services, if needed.

Landi, a team leader on the 7 am – 3 pm shift who has been with the senior living community nearly four years, says recently one of the residents told her he felt blessed to have someone like her caring for him. "It made me feel good," she says with a smile, adding that she is the one who feels blessed. "Our residents are like a second family to me."

## Letter of Appreciation

RiverCourt Residences recently received a note of gratitude from the Lynch Family of Groton thanking the staff for the care their father received while here. The family graciously said we could print the following excerpts:

*...There are not enough words to tell you how much we appreciate the great care and love you gave to my father during his forty-five days at RiverCourt Residences. As his children, it was nice to know he was in "good hands." We could sleep at night knowing Dad was so well taken care at his apartment....My father always commented to us that he was treated with professionalism, dignity and respect and we thank you all for that - it meant a lot to him. We were blessed to have had all of you taking care of my Dad. In just a short amount of time, you made it feel like family and home not only to him, but to us as well.*

*You are truly special people.*

*Thank you,  
Donna Lynch and family*



DANCER EMMA FOURNIER AND RIVERCOURT RESIDENT JEAN BINGHAM

## RiverCourt "Steps" into Spring

Wearing beautiful costumes, bright smiles, and with precision footwork, about two dozen dancers from the Groton studio of the Bremer School of Irish Dance helped RiverCourt Residences celebrate St. Patrick's Day. The children, ages three to nine, delighted residents, families and staff members as they performed a number of Irish Step routines.

