



RiverCourt Residences



Reflections Activity Calendar



December 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>This calendar is subject to change. Check white board for any updates or changes in activities.</p>						<p>10:15 Exercise w/ Gail 11:00 Word Games 1:15 Gail's Choice 2:00 Bingo 3:15 Walk-about 4:00 Sing-along 6:00 Evening Movie</p> 
Hanukkah begins at Sundown	2	3	4	5	6	Pearl Harbor Day 7
<p>10:15 AM Stretch w/ Gail 11:00 Connect it 1:15 Hat Bingo 2:30 Spelling Bee 3:15 Walk-about 4:00 Sing-along 6:00 Evening Movie</p> 	<p>10:30 Sing-along w/ Ukulele J 11:30 Alphabetic 1:30 Seasonal Art / Word Puzzles or Knit 1 - Crochet 2 3:00 Barbara plays Accordion 4:15 Sing-along 6:00 Evening Movie</p> 	<p>10:15 AM Stretch 11:00 Dancing Wellness (L-2) 1:30 Holiday Door Craft 3:15 Walk-about 4:15 Sing-along 6:00 Evening Movie 7:00 The "Powder House Gang"~ A Cappella Barbershop Quartet (L)</p>	<p>10:15 AM Stretch w/ Gail 11:00 Gail's Choice 1:30 Van Ride 2:00 Music & memory 3:30 Furry Friend "Mr Wilson" 4:15 Stories & music w/ Ben 6:00 Evening Movie</p>	<p>10:15 Keeping Fit 11:00 "Never Have I Ever" Game 1:30 Crossword Puzzle 2:30 Steve plays Piano (L) 3:15 Walk-about 4:15 Sing-along 6:00 Evening Movie</p> 	<p>10:15 AM Stretch 11:00 Word Games w/ Carrie 1:30 Triple Treat Trivia 2:00 Catholic Mass (A) 2:45 Walk-about 3:30 Ice Cream Social 4:15 Sing-along 6:00 Evening Movie</p> 	<p>10:15 Exercise w/ Deb 11:00 Bananagrams 1:15 Deb's Choice 2:00 Bingo 3:15 Walk-about 4:00 Sing-along 6:00 Evening Movie</p>
Holiday Brunch	9	10	11	12	13	14
<p>10:15 AM Stretch w/ Deb 11:00 Matching Game 1:15 Music Bingo 2:00 Deborah plays Piano (L) 3:00 Furry Friends "Rosie & Suzie" 4:00 Sing-a Long 6:00 Evening Movie</p> 	<p>10:15 AM Stretch 11:00 Three of a Kind 1:30 Ayer/Shirley H.S. Carolers (L) 2:30 Restore & Stretch (L) 3:45 Brain Teasers 4:15 Sing-along 6:00 Evening Movie</p>	<p>10:15 Exercise 10:45 "Christmas around the World" ~ Ron Falong's slide show (A) 11:00 Word Puzzles 1:30 Games with Grace 2:00 Lovin' from the Oven 4:15 Sing-along 6:00 Evening Movie</p> 	<p>10:00 Nashoba Tech Carolers (L) 10:45 AM Stretch 11:30 Lunch Trip to "Il Forno's" 2:00 Puzzle Corner 3:00 Furry Friend "Mr Wilson" 4:15 Sing-along 6:00 Evening Movie</p>	<p>10:15 Keeping Fit 11:00 Prayer & Communion (A) 12:30 Hidden Treasures Trip 1:30 Math Bingo 2:45 Walk-about 4:15 Sing-along 6:00 Evening Movie</p>	<p>9:45 RCT Singers Road Trip 10:30 Carrie's Choice 1:30 Hymn Sing 2:30 Walk-about 3:30 Carolers (L) 3:45 Brain Teasers 4:15 Sing-along 6:00 Evening Movie</p> 	<p>10:00 Exercise w/ Erin 11:00 Erin's Choice 1:15 The Parachute 2:00 Bingo 3:15 Walk-about 4:00 Sing-along 6:00 Evening Movie</p> 
16	17	18	19	20	21	22
<p>10:15 AM Stretch w/ Gail 11:00 Bird Bingo 1:15 Pokeno 2:45 Gail's Choice 3:15 Walk-about 4:00 Sing-along 6:00 Evening Movie</p>	<p>10:30 Song writing w/ Ukulele J 11:30 Finish the Line Trivia 1:30 Stars for our Troops / Vets 2:30 The Upbeats perform (L) 3:45 Brain Teasers 4:15 Sing-along 6:00 Evening Movie</p> 	<p>10:15 Exercise 11:00 Brain Games 1:30 Crossword Puzzle 2:30 December Birthday Party (L) 3:45 Brain Teasers 4:15 Sing-along 6:00 Evening Movie</p> 	<p>10:15 AM Stretch 11:00 Three of a Kind 1:30 Trivia 2:00 Resident Holiday Party (L) 3:30 Furry Friend "Mr Wilson" 4:15 Sing-along 6:00 Evening Movie</p> 	<p>10:15 Keeping Fit 10:45 Sing and Drum w/ Jonathan 12:00 Indian Hill Trip 1:30 Grace's Choice 2:30 Sing-along w/ Ukulele J (L) 4:00 Catholic Mass (A) 6:00 Evening Movie</p> 	<p>10:15 AM Stretch 11:00 Ecumenical Service (A) 11:00 Carrie's Choice 1:30 Hymn Sing 2:45 Walk-about 3:30 Friday Floats 4:15 Sing-along 6:00 Evening Movie</p> 	<p>10:15 Exercise w/ Deb 11:00 Assorted Games 1:00 Meet & Greet w/ Santa (L) 2:15 Bingo 3:15 Walk-about 4:00 Sing-along 6:00 Evening Movie</p>
23	24	Christmas Day 25	26	27	28	29
<p>10:15 AM Stretch w/ Deb 11:00 Word Games 1:15 Music Bingo 2:30 Deb's Choice 3:15 Walk-about 4:00 Sing-along 6:00 Evening Movie</p>	<p>10:15 AM Stretch w/ Deb 11:00 Christmas Jingo 1:30 Trivia w/ Deb 2:30 Zumba w/ Sharon (L) 3:45 Brain Teasers 4:15 Sing-along 6:00 Evening Movie</p>	<p>10:15 Exercise 11:00 Grace's Choice 1:30 Math Bingo 3:00 Walk-about 3:45 Brain Teasers 4:15 Sing-along 6:00 Evening Movie</p> 	<p>10:15 AM Stretch w/ Grace 11:00 Cryptograms 1:30 Van Ride 2:00 RA's Choice 3:30 Furry Friend "Mr Wilson" 4:15 Sing-along 6:00 Evening Movie</p>	<p>10:15 AM Stretch 11:00 Rosary & Communion (A) 1:30 RCT Singers Road Trip 1:30 Brain Games w/ Grace 3:00 Walk-about 4:15 Sing-along 6:00 Evening Movie</p> 	<p>10:15 AM Stretch 10:30 Sing and Dance w/ Andy Ross 1:30 Hymn Sing 2:30 Dick Sawyer plays Piano (L) 3:45 Brain Teasers 4:15 Sing-along 6:00 Evening Movie</p> 	<p>10:15 Exercise w/ Gail 11:00 Gail's Choice 1:15 Balloon Toss 2:00 Bingo 3:15 Trivia 4:00 Sing-along 6:00 Evening Movie</p>
30	New Year's Eve 31					
<p>10:15 AM Stretch w/ Gail 11:00 Match It Game 1:15 Jingo Game 2:30 Spelling Bee 3:00 Furry Friends "Rosie & Suzie" 4:00 Sing-along 6:00 Evening Movie</p> 	<p>10:15 AM Stretch 11:00 The Common Factor 1:30 Double Exposure 3:00 Slideshow of 2018 (A) 3:45 Brain Teasers 4:15 Sing-along 6:00 Evening Movie</p>		<p>Daily Activities Manicures & Hand Massages w/Aromatherapy Mitts / Wraps Reminisce Corner / 1 on 1 Time including some TLC Walk-Abouts / Afternoon Social Brain Teasers</p>	<p>Hidden Treasures is a specialized Art Appreciation Program held at the Fitchburg Art Museum.</p>	<p>Activity Location Key A- AL Activity Room L- AL Living Room L2- Upstairs AL Living Room</p>	<p>RCT Singers Road Trip We will be traveling to "Life Care of Littleton" or "Apple Valley in Ayer" for a Sing-along with Live Music provided by Andy & Deb.</p> 