

**RiverCourt Residences House Activity Calendar March 2019**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>RiverCourt Residences 8 West Main Street Groton, MA 01450 <b>(978)-448-4122</b> www.rivercourtresidences.com www.facebook.com/ <b>RiverCourtResidences</b></p>	<p>This calendar is subject to change. Check the daily schedules and display boards for any updates or changes to activity programs.</p>	<p><b>Bingo is played every Monday, Wednesday, &amp; Friday, nights at 6:45pm &amp; Saturday afternoons at 2:00pm in the Activity Room</b></p>	<p><b>Location Key, First Floor</b> -L-Library -1FLR-First Floor Living Room -G-Gym -AR-Activity Room -1FP-First Floor Patio</p>	<p><b>Second Floor</b> -2FLR-Second Floor Living Room -B-Bistro -BBR-Bamboo Room -NP-North Patio -2FLNO-2nd Floor Nurses Office</p>	<p><b>9:45-Groton Public Library</b> 10:00-Exercise-2FLR 11:00-Life Long Learning-2FLR <b>2:00-Catholic Mass with Father Jason-AR</b> 2:30-Short Story Reading-BBR 3:30-Social/Daily Chronicles &amp; Friday Floats-B</p>	<p>9:30-Exercise-2FLR 10:00-Hand &amp; Foot Card Game-2FLR 1:00-Crochet Club-1FLR 2:00-Bingo-AR 3:30-Wine &amp; Cheese with the RA's-B 6:45 TV Concert Series-AR</p>
3	4	5	6	7	8	9
<p>10:00-Exercise-2FLR 11:00-Life Long Learning &amp; Puzzles-2FLR 1:30-Afternoon Matinee-2FLR 2:00 Pokeno-B 3:30-Social/Daily Chronicles-B 6:45-TV Documentary Series-AR</p>	<p>10:00-Exercise-2FLR 11:00-Life Long Learning-2FLR 1:15-Shopping/Hannaford 3:30-Social/Daily Chronicles-B</p>	<p>10:00-Exercise-1FLR <b>10:15 Middlesex Saving Bank-L</b> <b>10:30-Hearing Vision Clinic-2FLR</b> 11:00-Life Long Learning-2FLR 1:15-Group Crossword-B <b>2:30-Colonial Survival History with Historian Gail Hamel-AR</b> 3:30-Cheese Social/Daily Chronicles 6:45-TV Series Special-2FLR</p>	<p>10:00-Exercise-2FLR 10:30-Wellness Clinic with CareTenders-2FNO <b>10:45-Ceramics with Diane-AR</b> 1:15-Tai Chi with Krishna &amp; Andy-2FLR 1:15-Computer Tutor with Scott-AR <b>2:30-Resident Council Meeting-AR</b> 3:30-Social/Daily Chronicles-B</p>	<p><b>9:00 Dr. Crossman Podiatrist Visit</b> <b>9:30 Veterans Breakfast Outing</b> 10:00-Exercise-2FLR 11:00-Life Long Learning-2FLR 1:15-Nail Care-1FLR; Billiards-G <b>3:00-Groton School Mexican Art Presentation-AR</b> 6:45-Evening with Gail-2FLR</p>	<p>10:00-Exercise-2FLR 11:00-Life Long Learning-2FLR 1:15-Left, Right, Center-B 2:15-Penny Poker-BBR 3:30-Social/Daily Chronicles &amp; Friday Floats-B</p>	<p>10:00-Exercise-2FLR 11:00-Group Crossword-1FLR 1:15-News Roundtable-2FLR 2:00-Bingo-AR 3:30-Wine &amp; Cheese with the RA's-B 6:45 Saturday Night TV Concert Series-AR</p>
10	11	12	13	14	15	16
<p>10:00-Exercise-2FLR 11:00-Life Long Learning &amp; Puzzles-2FLR 1:30-Afternoon Matinee-AR 2:00-Pokeno-1FLR 3:30-Social/Daily Chronicles-B 6:45-TV Documentary Series-AR</p>	<p>9:45-Exercise-2FLR <b>10:30-Heidi Hogan's School of Dance; Irish Step Dancers -1FLR</b> 1:15-Shopping/Hannaford <b>2:30-Zumba with Sharon-1FLR</b> 3:30-Social/Daily Chronicles-B</p>	<p>10:00-Exercise-1FLR <b>10:45 Slide Show with Ron Falong; Ireland -1FLR</b> <b>1:15-Movie Theater Outing</b> 3:30-Social/Daily Chronicles -B 6:45-TV Series Special-2FLR</p>	<p>10:00-Exercise-2FLR 10:30-Wellness Clinic with CareTenders-2FNO 11:00-Life Long Learning-2FLR 1:15-Tai Chi with Krishna &amp; Andy-2FLR <b>2:00-Harvard Garden Club: Floral Craft -AR</b> 3:30-Social Smoothies/Daily Chronicles &amp; Music with Andy-B</p>	<p>10:00-Exercise-2FLR <b>11:00-Prayer &amp; Communion-AR</b> 1:15-Billiards-G 2:30-Short Story Reading-BBR 3:30-Social/Daily Chronicles-AR <b>6:45-Music with Seth Connelly-1FLR</b></p>	<p>10:00-Exercise-2FLR <b>11:00-Ecumenical Service-AR</b> 1:15-Nail Care-1FLR 3:30-Social/Daily Chronicles &amp; Friday Floats-B</p>	<p>9:30-Exercise-2FLR 10:00-Hand &amp; Foot Card Game-2FLR <b>1:15-Fitchburg Art Museum Outing</b> 2:00-Bingo-AR 3:30-Wine &amp; Cheese with the RA's-B 6:45 TV Concert Series-AR</p>
<b>St. Patrick's Day</b> 17	18	19	<b>First Day of Spring</b> 20	21	22	23
<p>10:00-Exercise-2FLR 11:00-Life Long Learning &amp; Puzzles-2FLR <b>2:00 Deb &amp; Andy's Irish Sing-Along-1FLR</b> 3:30-Social/Daily Chronicles-B 6:45-TV Documentary Series-AR</p>	<p>10:00-Exercise-2FLR <b>10:45-Mindfulness Presentation with Jeannine Shroder-1FLR</b> <b>1:15-Shopping/Leominster Mall &amp; Food Court Lunch</b> 3:30-Social/Daily Chronicles-B</p>	<p><b>10:15 Middlesex Saving Bank-L</b> <b>10:30-Dancing Wellness with Susanne Liebich-2FLR</b> 1:15-Group Crossword-B <b>2:30-March Birthday Party Music with Heather Marie-1FLR</b> 6:45-TV Series Special-2FLR</p>	<p>10:00-Exercise-2FLR 10:30-Wellness Clinic with CareTenders-2FNO <b>10:45-Ceramics with Diane-AR</b> 1:15-Tai Chi with Krishna &amp; Andy-G <b>2:00-Spring Cleaning with Marie LeBlanc Presentation-2FLR</b> <b>3:00-Spring Celebration and Irish Music with The Kelly Girls-1FLR</b></p>	<p>10:00-Exercise-2FLR 11:00-Life Long Learning-2FLR <b>12:00-Indian Hill Bach Lunch</b> 1:15-Nail Care-1FLR; Billiards-G 2:30-Short Story Reading-BBR 3:30-Social/Daily Chronicles-B <b>4:00-Catholic Mass with Father Anthony-AR</b></p>	<p>10:00-Exercise-2FLR 11:00-Life Long Learning-2FLR <b>12:00-Gals &amp; Guys Lunch</b> 1:15-Left, Right, Center-B <b>2:30-Pianist; Dick Sawyer-1FLR</b> 3:30-Social/Daily Chronicles &amp; Friday Floats-B</p>	<p>10:00-Exercise-2FLR 11:00-Group Crossword-1FLR 1:15-News Roundtable-2FLR 2:00-Bingo-AR 3:30-Wine &amp; Cheese with the RA's-B 6:45 Saturday Night TV Concert Series-AR</p>
24/31	25	26	27	28	29	30
<p>10:00-Exercise-2FLR 11:00-Life Long Learning &amp; Puzzles <b>1:30-Edgar Allen Poe at the Groton Public Library Outing, 24th</b> <b>3:00-Music with The Woo Rats -1FLR, 31st</b> 3:30-Social/Daily Chronicles-B 6:45-TV Documentary Series-AR</p>	<p>10:00-Exercise-2FLR 11:00-Life Long Learning-2FLR <b>12:00-Take Out Club-AR</b> 1:15-Shopping/ Hannaford <b>2:30-Restore &amp; Stretch with Sharon-1FLR</b> 3:30-Social/Daily Chronicles-B</p>	<p>10:00-Exercise-2FLR 11:00-Life Long Learning-2FLR <b>1:30-Water Color Painting with Krishna-AR</b> 3:30-Social Smoothies/Daily Chronicles &amp; Music with Andy-B 6:45-TV Series Special-2FLR</p>	<p>10:00-Exercise-2FLR 11:00-Life Long Learning-2FLR 10:30-Wellness Clinic with CareTenders-2FNO 1:15-Tai Chi with Krishna &amp; Andy-2FLR 2:00-Penny Poker-BBR 3:30-Social/Daily Chronicles-B</p>	<p>10:00-Exercise-2FLR <b>11:00-Rosary &amp; Communion-AR</b> 1:15-Nail Care-AR; Billiards-G <b>2:30-Music with Steve &amp; Wendee Glick-1FLR</b> 3:30-Social/Daily Chronicles-B 6:45-Evening with Gail-AR</p>	<p>10:00-Exercise-2FLR 11:00-Life Long Learning-2FLR 1:15-Cribbage-B 2:30-Short Story Reading-BBR 3:30-Social/Daily Chronicles &amp; Friday Floats-B</p>	<p>9:30-Exercise-2FLR 10:00-Hand &amp; Foot Card Game-2FLR 1:00-Crochet Club-1FLR 2:00-Bingo-AR 3:30-Wine &amp; Cheese with the RA's-B 6:45-TV Concert Series-AR</p>