

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>June 2022</h1> <h2>Reflections Activity Calendar</h2>			<p>10:00 Community Scoop 1</p> <p>10:15 AM Stretch</p> <p>11:00 Game Time w/ Megan</p> <p>1:15 Mystery Ride or</p> <p>1:30 Dean Martin Variety Show</p> <p>3:00 Walk-about</p> <p>3:30 Furry Friend~ Mr Wilson</p> <p>4:15 Sing-along & Dance</p> <p>6:00 Evening Movie</p>	<p>10:00 Keeping Fit 2</p> <p>11:00 Steps in Time ~Michael</p> <p>1:00 Patio Time</p> <p>1:30 Sing-along w/ Ukulele J</p> <p>2:30 Mass w/ Fr Lee (L-2)</p> <p>3:15 Walk-about</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along</p> <p>6:00 Evening Movie</p>	<p>10:15 AM Stretch 3</p> <p>11:00 Word Games</p> <p>1:00 Patio Time</p> <p>1:30 Manicures, Hand</p> <p>Massages along w/ some TLC</p> <p>3:30 Friday Floats</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along</p> <p>6:00 Evening Movie</p>	<p>10:15 Morning Stretch 4</p> <p>11:00 Junk Drawer Detective</p> <p>1:00 Patio Time</p> <p>1:30 Steve Staines~ Piano</p> <p>3:00 Walk-about</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along</p> <p>6:00 Evening Movie</p> <p style="text-align: right;"><small>Shavuot Begins</small></p>
<p>10:15 AM Stretch 5</p> <p>11:00 Hymn Sing</p> <p>1:00 Patio Time</p> <p>1:30 Scategories</p> <p>3:00 Walk-about</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along & Dance</p> <p>6:00 Evening Movie</p>	<p>10:15 Keeping Fit 6</p> <p>11:00 Yoga w/ Cailin (FC)</p> <p>1:00 Patio Time</p> <p>1:30 Knit 1 – Crochet 2 or assorted Card Games</p> <p>3:15 Move n' Groove</p> <p>4:15 Sing-along & Dance</p> <p>6:00 Evening Movie</p>	<p>10:15 Morning Stretch 7</p> <p>11:00 Drumming Circle</p> <p>1:00 Patio Time</p> <p>1:30 Miss Maisie Miller hosts ~ Eversound Bingo~</p> <p>3:00 Walk-about</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along</p> <p>6:00 Evening Movie</p>	<p>10:00 Community Scoop 8</p> <p>10:15 AM Stretch</p> <p>11:00 Double Exposure</p> <p>1:00 The Care Farm trip or</p> <p>1:30 Nature Video</p> <p>3:00 Walk-about</p> <p>3:30 Furry Friend~ Mr Wilson</p> <p>4:15 Sing-along</p> <p>6:00 Evening Movie</p>	<p>10:00 Keeping Fit 9</p> <p>10:30 Alexandria performs(L)</p> <p>11:45 Hidden Treasures trip</p> <p>1:30 Dominoes</p> <p>3:00 Walk-about</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along & Dance</p> <p>6:00 Evening Movie</p>	<p>10:15 AM Stretch 10</p> <p>11:00 Short Story</p> <p>1:00 Patio Time</p> <p>1:30 Craft Corner</p> <p>3:00 Walk-about</p> <p>3:30 Friday Floats</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along</p> <p>6:00 Evening Movie</p>	<p>10:15 Morning Stretch 11</p> <p>11:00 Alphabet Bingo</p> <p>1:00 Patio Time</p> <p>2:30 Honky Tonk Piano</p> <p>3:00 Walk-about</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along & Dance</p> <p>6:00 Evening Movie</p>
<p>10:15 AM Stretch 12</p> <p>11:00 Gospel Sing w/ Jodie</p> <p>1:00 Patio Time</p> <p>1:30 Match it Game</p> <p>3:00 Walk-about</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along</p> <p>6:00 Evening Movie</p>	<p>10:15 Keeping Fit 13</p> <p>11:00 Furry Friend ~ Brandi</p> <p>11:30 Community Scoop</p> <p>1:00 Patio Time</p> <p>1:30 The Parachute</p> <p>3:00 Walk-about</p> <p>3:45 Word Games</p> <p>4:15 Sing-along & Dance</p> <p>6:00 Evening Movie</p>	<p>10:00 Community Scoop 14</p> <p>10:15 Morning Stretch</p> <p>11:00 Chair Yoga with Nanci</p> <p>1:00 Finish the Line Trivia</p> <p>1:30 Sing & Dance w/ Andy</p> <p>3:45 Flag Day Trivia</p> <p>4:15 Sing-along</p> <p>6:00 Evening Movie</p> <p style="text-align: right;"><small>Flag Day (US)</small></p>	<p>10:00 Community Scoop 15</p> <p>10:15 AM Stretch</p> <p>11:00 Drumming Circle</p> <p>1:15 Scenic Drive or</p> <p>1:30 "Celtic Women" Concert</p> <p>3:00 Walk-about</p> <p>3:30 Furry Friend~ Mr Wilson</p> <p>4:15 Sing-along & Dance</p> <p>6:00 Evening Movie</p>	<p>10:15 Keeping Fit 16</p> <p>11:00 Traveling w/ Postcards</p> <p>1:00 Patio Time</p> <p>1:30 Songwriting w/ Jodie</p> <p>3:00 Walk-about</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along</p> <p>6:00 Evening Movie</p>	<p>10:15 AM Stretch 17</p> <p>11:00 Can you find it?</p> <p>2:00 Cooking w/ Betty-Ann</p> <p>3:00 Walk-about</p> <p>3:30 Friday Floats</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along & Dance</p> <p>6:00 Evening Movie</p>	<p>10:15 Morning Stretch 18</p> <p>11:00 Calendar Jingo</p> <p>1:00 Patio Time</p> <p>1:30 Connect It</p> <p>3:00 Walk-about</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along & Dance</p> <p>6:00 Evening Movie</p>
<p>10:15 AM Stretch 19</p> <p>11:00 Hymn Sing</p> <p>1:00 Community Scoop</p> <p>1:30 Seth plays Guitar</p> <p>3:00 Walk-about</p> <p>3:45 Father's Day Trivia</p> <p>4:15 Sing-along & Dance</p> <p>6:00 Evening Movie</p> <p style="text-align: right;"><small>Father's Day Juneteenth</small></p>	<p>10:15 Keeping Fit 20</p> <p>11:00 Joys of Nature</p> <p>~ presents Butterflies~ (A)</p> <p>1:00 The 5 Senses of Summer</p> <p>2:00 Chair Yoga (FC)</p> <p>3:00 Walk-about</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along</p> <p>6:00 Evening Movie</p>	<p>10:00 Community Scoop 21</p> <p>10:15 Morning Stretch</p> <p>10:20 Memory Café Trip</p> <p>11:00 Game Time</p> <p>1:00 Patio Time</p> <p>1:30 Roll and Rhyme</p> <p>3:00 June Birthday Party (L)</p> <p>4:15 Sing-along</p> <p>6:00 Evening Movie</p> <p style="text-align: right;"><small>Summer Begins</small></p>	<p>10:00 Community Scoop 22</p> <p>10:30 Music w/ Josef (L)</p> <p>1:15 Mystery Ride or</p> <p>1:30 Music & memory</p> <p>3:00 Walk-about</p> <p>3:30 Furry Friend~ Mr Wilson</p> <p>4:15 Sing-along</p> <p>6:00 Evening Movie</p>	<p>10:15 Keeping Fit ~23</p> <p>11:00 Seasonal Art</p> <p>1:30 Beautiful Blossoms~ a Matching Game</p> <p>2:30 Stick Fit (FC)</p> <p>3:00 Walk-about</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along & Dance</p> <p>6:00 Evening Movie</p>	<p>10:00 Community Scoop 24</p> <p>10:15 Sing & Dance w/ Andy</p> <p>1:15 Manicures, Hand</p> <p>Massages along w/ some TLC</p> <p>3:00 Walk-about</p> <p>3:30 Friday Floats</p> <p>3:45 Brain Teasers</p> <p>4:15 Sing-along</p> <p>6:00 Evening Movie</p>	<p>10:15 Morning Stretch 25</p> <p>11:00 Pokeno</p> <p>1:15 Tail Gate Toss</p> <p>2:30 Diane plays Piano</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along</p> <p>6:00 Evening Movie</p>
<p>10:15 AM Stretch 26</p> <p>11:00 Hymn Sing</p> <p>1:00 Patio Time</p> <p>1:45 Stick Fit (FC)</p> <p>3:00 Walk-about</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along</p> <p>6:00 Evening Movie</p>	<p>10:15 Keeping Fit 27</p> <p>11:00 Furry Friend ~ Brandi</p> <p>1:00 Patio Time</p> <p>2:00 Adam plays Guitar</p> <p>3:15 Walk-about</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along & Dance</p> <p>6:00 Evening Movie</p>	<p>10:15 Morning Exercise 28</p> <p>11:00 Chair Yoga with Nanci</p> <p>1:00 Patio Time</p> <p>2:00 Joe Malone presents ...</p> <p>~~~~ Frank Sinatra (A) ~~~~~</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along</p> <p>6:00 Evening Movie</p>	<p>10:00 Community Scoop 29</p> <p>10:15 AM Stretch</p> <p>11:00 Holiday Door Décor Craft</p> <p>1:15 Van Ride or</p> <p>1:30 Stars for Our Troops</p> <p>3:00 Walk-about</p> <p>3:30 Furry Friend~ Mr Wilson</p> <p>4:15 Sing-along & Dance</p> <p>6:00 Evening Movie</p>	<p>10:15 Keeping Fit 30</p> <p>11:00 Find the Match</p> <p>1:00 Patio Time</p> <p>1:30 Andy plays Guitar (L)</p> <p>3:00 Walk-about</p> <p>3:45 Community Scoop</p> <p>4:15 Sing-along & Dance</p> <p>6:00 Evening Movie</p>	<p style="text-align: center;">Happy Birthday to... Joe D. ~ Thursday June 9th</p>	

RIVERCOURT RESIDENCES

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REFLECTIONS

June 2022 Activity Calendar



Location Key:

L- AL Living Room
L-2- Upstairs AL Living Room
A- AL Activity Room
FC- Fitness Center



The Music & memory program is an activity for our Residents at any time...day or night.

The Care Farm located in Hollis, NH promotes mental and physical health by combining the care of the farm with the care of the people.

Memory Café held at the Groton Center

Any calendar changes or additions will be posted on the white board.

Hidden Treasures is a specialized Art Appreciation Program held at the Fitchburg Art Museum.