Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Activities Are S	See Daily Sheet 1 2024 Subject To Change. Noted On Daily Sheet. Available By 8:00am.	9:30 – Coffee & Current Events 10:00 – Virtual Stick Fit Class 10:30 – Getting To Know You Visits 11:00 – Walking Group 1:00 – Do You Know Your Neighbor? 2:00 – Steps In Time Ballroom Dance ~ Instructor Michael Winward ~ 3:00 – RiverCourt Social & Songs 4:00 – Chasing Coral Documentary	9:30 – The History Of The Sundae 9:30 – The History Of The Sundae 10:00 – Sit & Be Fit With Gabby 11:00 – What's Happening on The IN2L 1:15 – Special Bingo Wednesday 2:30 – Resident Committee Meeting 3:00 – Make Your Own Ice Cream Sundaes 4:00 – Modern Marvels ~ Ice Cream ~	9:30 – Music & Manicures With Gabby 10:00 – Stick Fit Class/Walking Group 10:30 – Cooking Up Memories ~ Tea-Bake Cake ~ 11:00 – RiverCourt Book Club 1:30 – Scottish Folk Tales 2:30 – Crafty Creations ~ Spring Pine Cone Painting Craft ~ 3:00 – Afternoon Social & Songs 4:00 – Greatest Events Of WWII	9:30 – Coffee & Current Events 10:00 – Sit & Be Fit W/ Julie 11:00 – Word In A Word Challenge 1:15 – Bingo (RiverCourt Pays) 2:00 – Funny Friday Movie Matinee 2:30 – RiverCourt Chorus W/ Jodie 3:00 – Friday Float Social & Songs 4:00 – YT – 8 Wonders Of The Solar System	9:30 – Coffee & Current Events 10:00 – Virtual Stick Fit 11:00 – Boggle & Banana Grams 1:30 – Silly Saturday Movie Matinee 1:30 – Crafty Creation Class ~ Spring Fling Door Décor Wreath ~ 2:30 – Saturday Social & Songs ~ Live Music W/ Eric B ~ Wine & Cheese 4:00 – Nat Geo "Chasing The Equinox
9:30 – Virtual Sunday Service 10:00 – Sit & Be Fit With Gabby 10:30 – Cranium Crunches	9:30 – Coffee & Current Events 10:00 – Virtual Yoga Class 11:00 – RiverCourt Community Event	9 Fenway Parks Opening Day 10:00 – Health & Meditation W/ Nacy 10:30 – Scrabble Game Challenge 11:00 – Walking Group 1:30 - Fenway Opener Social ~ Live Music W/ Alexandria ~ Snacks 2:00 – Fenway Opener ~ Red Sox Vs Orioles ~ 2:30 – Pops Sweethearts Ice Cream Truck 4:00 – 100 Years Of Fenway History	9:30 – Coffee & Current Events 10:00 – Sit & Be Fit 10:30 – RiverCourt Neighbors Group 11:00 – What's Happening On The IN2L 1:15 – Special Bingo Wednesday 2:30 – Classic Country Social & Songs ~ Lice Country Music W/ Tim Barrett ~ 3:30 – Happy Hour Social ~ Wine/Cheese ~ 4:00 – What On Earth Documentary	9:30 – Music & Manicures With Gabby 10:00 – Stick Fit Class/Walking Group 10:30 – Cooking Up Memories 11:00 – RiverCourt Book Club 1:00 – Groton Music Center Outing 1:30 – Can You Picture This 2:30 – Paint & Sip Class W/ Gabby 3:00 – Afternoon Social & Songs 4:00 – Mysteries Of The Abandoned	9:30 – Coffee & Current Events 10:00 – Sit & Be Fit W/ Julie 11:00 – Word In A Word Challenge 1:15 – Bingo (RiverCourt Pays) 2:00 – Futuristic Friday Movie Matinee	13 National Plant Appreciation Day 9:30 - Coffee & Current Events 10:00 - Sit & Be Fit W/ Julie 11:00 - Boggle & Banana Grams 1:00 - Jazz Piano Concert Outing 1:30 - I Just We My Plants Garden Class ~ Spring Fling Terra Cotta Planters ~ 2:30 - Wine & Cheese Social & Songs ~ Live Crooner Music W/ Mark Stanzler ~ 4:00 - Discovery"How The Garden Grows"
9:30 – Virtual Sunday Service 10:00 – Virtual Yoga Class 10:30 – Cranium Crunches	9:30 - Coffee & Current Events 10:00 - Sit & Be Fit 10:30 - Cranium Crunches 1:15 - Bingo (Pay To Play) 2:00 - Musical Monday Movie Matinee ~ Steve Martin In "Pennies From Heaven" 3:00 - Afternoon Social & Songs 4:00 - Hubble's Cosmic Journey	9:30 – Coffee & Current Events 10:00 – Virtual Stick Fit Class 10:30 – Getting To Know You Visits 11:00 – Walking Group 1:30 – Health & Wellness W/ Susanne 2:30 – Beach Boys & Bocce Ball 3:00 – Afternoon Social & Songs 4:00 – Draining The H2o Water Alcatraz	9:30 – Coffee & Current Events 10:00 – Sit & Be Fit 10:30 – RiverCourt Neighbors Group 11:00 – IN2L Machine Challenge 12:00 – Men's Luncheon 1:15 – Special Bingo Wednesday 2:30 – April Stick Man Word Game 3:30 – Happy Hour Social ~ Wine/Cheese~	9:00 – Veterans Breakfast Outing 10:00 – Stick Fit Class/Walking Group 10:30 – Cooking Up Memories 11:00 – RiverCourt Book Club 12:00 – Women's Lucheon 1:30 – Kilt "The Sybol Of Freedom" 2:30 – Interactive Music Circle ~ Music Man Mike Leo ~ 3:30 – Health Topics "Pelivic Health" ~ With Audra Harris Occupational Therapist 4:30 – The Incredible Human Machine	9:30 - Coffee & Current Events 10:00 - Sit & Be Fit W/ Julie 11:00 - Word In A Word Challenge 1:15 - Bingo (RiverCourt Pays) 2:00 - Fantasy Friday Movie Matinee	9:30 – Coffee & Current Events 10:00 – Virtual Stick Fit 11:00 – Boggle & Banana Grams 1:00 – Baseball Toss & Catch Challenge 2:00 – Life Long Learning ~ Speaker Joeseph Callahan ~ 3:00 – Wine & Cheese Social 4:00 - Natures Strangest Mysteries
9:30 – Virtual Sunday Service 10:00 – Virtual Yoga Class 10:30 – Cranium Crunches	22 Celebrate Earth Day Every Day 9:30 – Coffee & Current Events 10:00 – Sit & Be Fit 10:30 – Cranium Crunches 1:15 – Bingo (Pay To Play) 2:00 – Musical Movie Matinee ~ Hugh Jackman "The Greatest Showman" 2:30 – Planting Creations Class 3:00 – Dirt Cake Social & Songs 4:00 – The History Of Earth Day	2.3 Happy 96th Birthday Shirley Temple 10:00 – Virtual Stick Fit Class 10:30 – Getting To Know You Visits 11:00 – Walking Group 1:30 – Tapping Through Time Word Match 2:00 – Shirley Temple Movie Matinee ~ The Little Princess ~ 2:30 – Cooking Up Memories ~ Rainbow Cookie Creations ~ 3:30 – Shirley Temple Social & Songs 4:00 – Biography Of Shirley Temple	9:30 – Coffee & Current Events 10:00 – Sit & Be Fit With Gabby 10:30 – RiverCourt Neighbors Group 11:00 – What's Happening On The IN2L 1:15 – Special Bingo Wednesday 2:30 – Nine-Hole Showdown 3:00 – Happy Hour Social ~ Wine/Cheese~ 4:00 – Discover " Apollo Back To Moon"	9:30 – Music & Manicures With Gabby 10:00 – Stick Fit Class/Walking Group 10:30 – Cooking Up Memories 11:00 – RiverCourt Book Club 1:30 – Afternoon Soothing Sounds ~ Live Music W/ Liam Foley ~ 3:30 – Afternoon Social & Songs 4:00 – Documentary "The Voluntourist"	26 Welcome To Italy Theme Day 10:00 – Sit & Be Fit With Julie 11:00 – Word In A Word Challenge 1:15 – Bingo (RiverCourt Pays) 2:30 – Welcome To Italy ~ Travel Brief ~ Music ~ Lemon Chello 3:00 – Friday Float Social & Songs 4:00 – YouTube " The History Of Italy "	9:30 – Coffee & Current Events 10:00 – Virtual Stick Fit 11:00 – Boggle & Banana Grams 1:30 – Three Peat Dice Game 2:30 – Acrylic Art Class ~ Looking Up At The Tree's Painting ~ 3:30 – Wine & Cheese Social 4:00 – Discovery " Challenges Of Life "
9:30 – Virtual Sunday Service 10:00 – Virtual Yoga Class 10:30 – Cranium Crunches ~ Changing Colors ~ 1:30 – Step By Step Painting Class ~ With Instructor Jordan Hasbrouck ~ 3:00 – Sunday Sundae Social & Songs 4:00 – The Art & History Of Pies	9:30 – Coffee & Current Events 10:00 – Sit & Be Fit 10:30 – Cranium Crunches 1:15 – Bingo (Pay To Pay) 2:00 – Musical Monday Les Misérables ~ 2:30 – Twister With A Twist Game Everyone Wins A Prize ~ 3:00 – Afternoon Social & Songs 4:00 – Mysteries Of The Outdoors	30 Retro Toy Day 10:00 - Health/Meditation Class W/Nancy 10:30 - Getting To Know You Visits 11:00 - Walking Group 1:00 - Retro Raggedy Anne Display 2:00 - April Babies B-Day Party		April Birthday's Laurika G - April 19 th Bob A - April 18 th	Medical Appointment Rides Monday & Tuesday Mornings ~ By Appointment Only ~ Resident Errand Outings Thursdays 9:30am Community Activity Outings Thursdays - TBA	